

# Paul Mitchell Schools Esthetics Extra Credit Activities

Create a story, song or poem for the two methods of decontamination and share it in front of the class.

Draw and label a bed draped for a guest. Include all optional items and attach to your worksheet.

Conduct 3 consultations on friends or family members. Determine their skin type and skin conditions then share with a Learning Leader.

Create a window pane for skin types and skin conditions, take a photo and share it on social media.

Create a 3 dimensional diagram or model of a cell then present a mini-class for your classmates.

Create a video of you doing the European massage and share on social media.

Create a model of an elemental molecule and a compound molecule, turn in to a Learning Leader with your completed chemistry workbook.

Bring in and show a Learning Leader examples of a solution, suspensions and emulsion.

Make your own mechanical exfoliant then bring it in and give 3 hand treatments with a Learning Leader present.

Create a window pane for the 6 functions of the skin to hang in the Core classroom.

With a Learning Leader present share with a Cosmo Future Professional a story, in your own words, about the life of a cell.

Collect research for the cause and characteristics of rosacea then share with a Learning Leader.

Choose an essential oil that would be beneficial for each skin type then create a handout to distribute to classmates.

Write a treatment protocol utilizing 2 electrical modalities, including time and product usage then share with the class.

Diagram and label an esty then share with a Learning Leader.

Conduct 3 skin analysis' and record your findings then share with the Take Home Team, featuring products.

# Paul Mitchell Schools Esthetics Extra Credit Activities

Choose a home care routine of products and make an infomercial to perform in front of the class.

Conduct and share your research on preservatives and attach to your worksheet.

Do research on an all organic product line then create a poster to hang in the Core classroom.

Choose an era of your interest and create a complete makeup look then bring in a picture or a completed face sheet and attach to your worksheet.

List 5 questions that you would like to ask during an interview and share with an Admissions Leader.

Create a 5 minute mini-massage of your own using 4 of the 5 massage techniques then perform on a classmate with a Learning Leader present.

Create a model on the structure of a hair and share with a Cosmo Learning Leader.